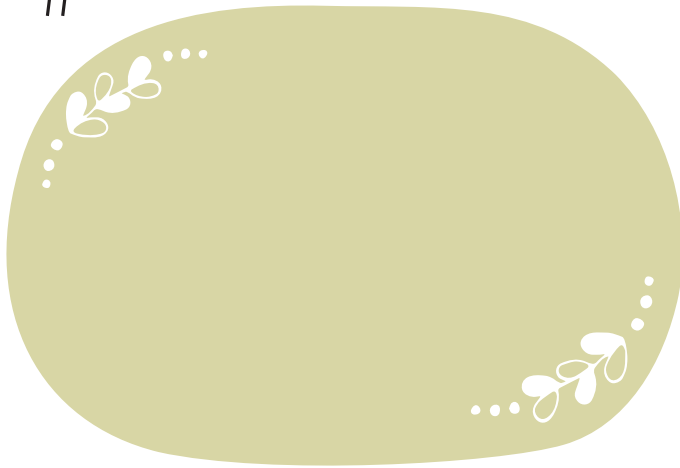


# MY GOAL

- PERSONAL
- HEALTH
- FAMILY & FRIENDS
- FINANCIAL
- PROFESSIONAL
- SPIRITUAL

#



WHY IS IT MEANINGFUL?

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MONTHLY ACTIONS



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JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

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WEEKLY ACTIONS

S M T W T F S  
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REWARD



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WHY IS IT MEANINGFUL?

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MONTHLY ACTIONS



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JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

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WEEKLY ACTIONS

S M T W T F S  
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REWARD



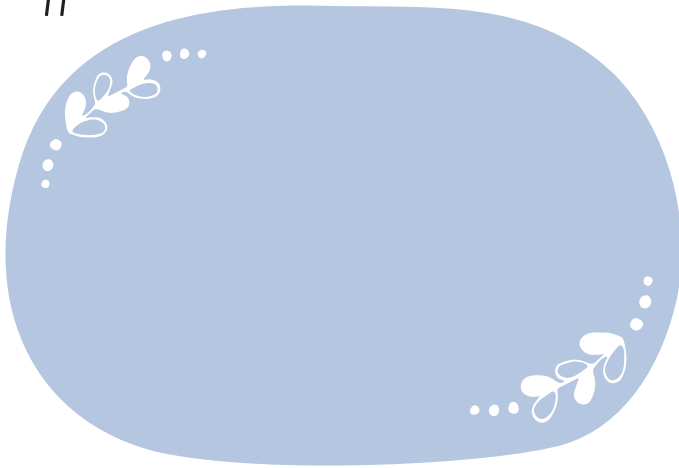
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MONTHLY ACTIONS



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JAN FEB MAR APR MAY JUN JUL AUG SEP OCT NOV DEC

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WEEKLY ACTIONS

S M T W T F S  
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REWARD



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# 2016 RESOLUTIONS

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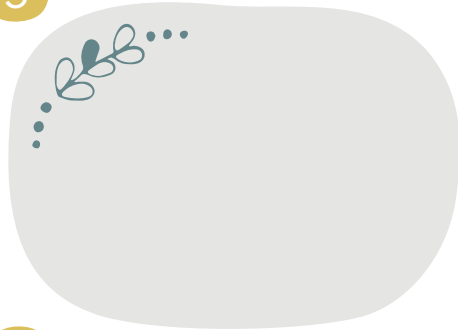
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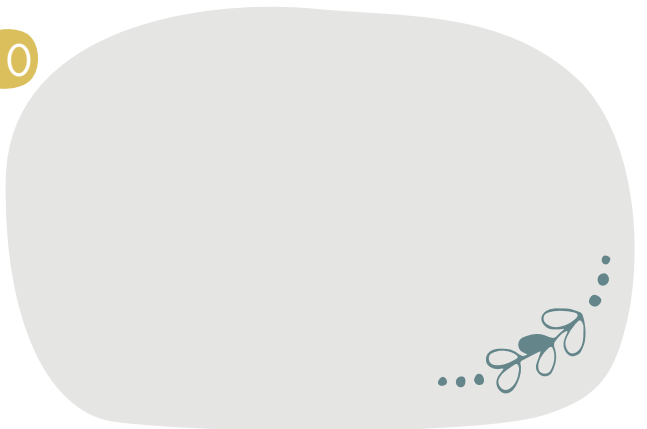
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